

Kendal Sprint Triathlon 2010

25th April 2010

Position																	
Bib	First Name	Last Name	Club	Cat	Sex	Swim	Swim Pos	T1	Cycle	Bike Pos	T2	Run	Run Pos	Finish	Overall	Cat	Sex
89	Beau	Smith	COLT	J	M	06:32.4	1	00:00:30.85	00:32:15.25	1	00:00:35.65	00:18:26.25	3	00:58:20.40	1	1	1
86	Kieran	Rowlands	Kudu Bikes Triathlon Club	S	M	07:05.8	6	00:00:30.10	00:32:30.10	2	00:00:29.70	00:18:09.80	2	00:58:45.50	2	1	2
90	Jon	Fletcher	Arragons Cumbrian Tri Club	S	M	06:41.0	3	00:00:43.90	00:34:33.65	4	00:00:33.80	00:16:46.15	1	00:59:18.45	3	2	3
4	Mark	Walsh	Kudu Bikes Triathlon Club	S	M	07:06.1	7	00:00:27.70	00:32:50.70	3	00:00:30.55	00:19:37.50	5	01:00:32.55	4	3	4
88	Luke	Osborn	Unattached	S	M	06:55.6	5	00:00:34.50	00:34:45.90	5	00:00:41.70	00:20:19.80	6	01:03:17.50	5	4	5
84	Liam	Mcguinness	COLT	Y	M	07:22.1	8	00:00:37.85	00:35:11.60	6	00:00:43.00	00:20:21.00	7	01:04:15.55	6	1	6
91	Maddy	Winzer	Kudu Bikes Triathlon Club	FY	F	06:51.7	4	00:00:27.65	00:36:39.65	11	00:00:33.10	00:21:02.70	12	01:05:34.80	7	1	1
75	David	Winder	Unattached	V	M	08:10.6	16	00:00:42.35	00:36:37.90	10	00:00:46.10	00:19:32.80	4	01:05:49.75	8	1	7
82	Paul	Mason	Ashurst Bike Club	V	M	08:09.7	14	00:00:35.25	00:35:33.70	8	00:00:38.70	00:21:00.35	10	01:05:57.65	9	2	8
78	Graeme	Higgins	Arragons Cumbrian Tri Club	V	M	08:07.3	12	00:00:38.20	00:36:36.70	9	00:00:41.75	00:20:56.85	9	01:07:00.75	10	3	9
22	Louise	Kelly	COLT	FS	F	08:24.2	18	00:00:32.55	00:36:43.75	12	00:00:42.15	00:20:45.60	8	01:07:08.20	11	1	2
23	Rhiannon	Silson	Arragons Cumbrian Tri Club	FS	F	07:42.1	10	00:00:31.75	00:38:14.35	15	00:00:35.10	00:21:05.90	14	01:08:09.25	12	2	3
81	Thomas	Shaw-dunn	Tyne Triathlon	S	M	08:10.5	15	00:00:41.00	00:37:42.85	13	00:00:44.80	00:22:28.00	18	01:09:47.20	13	5	10
76	John	Livesey	Unattached	V	M	08:39.8	23	00:00:38.85	00:38:53.60	18	00:00:41.35	00:23:13.25	28	01:12:06.80	14	4	11
85	Paddy	Finn		V	M	08:17.8	17	00:01:14.95	00:39:13.75	20	00:01:06.40	00:22:14.15	16	01:12:07.05	15	5	12
73	Mark	Procter	COLT	S	M	08:34.7	22	00:01:17.60	00:38:56.70	19	00:00:46.70	00:22:57.25	24	01:12:32.90	16	6	13
87	James	Bale	COLT	J	M	06:37.6	2	00:00:29.35	00:41:09.05	35	00:00:30.50	00:23:52.90	36	01:12:39.35	17	2	14
14	Judith	Irving	Unattached	FV	F	10:07.0	39	00:01:09.20	00:37:56.75	14	00:00:54.00	00:22:49.90	22	01:12:56.85	18	1	4
68	Kawai	Chung	Mornington Chasers	S	M	10:38.9	53	00:01:26.30	00:38:47.10	17	00:01:04.85	00:21:02.70	13	01:12:59.90	19	7	15
79	Jacob	Dyer	Unattached	S	M	09:03.2	25	00:01:41.20	00:39:57.35	27	00:01:02.70	00:22:21.15	17	01:14:05.55	20	8	16
19	Chloe	Rodham	Unattached	FS	F	09:35.2	30	00:01:04.60	00:41:20.20	37	00:01:05.70	00:21:02.55	11	01:14:08.20	21	3	5
80	Darren	Eccles	Unattached	S	M	07:37.0	9	00:01:05.45	00:42:26.45	43	00:00:42.00	00:22:38.60	20	01:14:29.45	22	9	17
66	Colin	Barber	Unattached	S	M	10:00.4	36	00:01:40.20	00:39:58.50	28	00:01:15.05	00:21:51.40	15	01:14:45.55	23	10	18
20	Deirdre	Mccarthy	Manchester Triathlon Club	FS	F	09:46.1	32	00:00:45.15	00:40:54.55	33	00:00:58.80	00:23:01.70	25	01:15:26.25	24	4	6
64	Dave	Worthington	COLT	V	M	09:47.5	34	00:01:32.30	00:39:49.45	24	00:01:02.05	00:23:15.20	29	01:15:26.50	25	6	19
62	Neil	Wearden	Unattached	S	M	10:05.6	38	00:01:10.10	00:39:54.85	26	00:00:48.85	00:23:27.30	33	01:15:26.70	26	11	20
83	Chris	Stilling	Kudu Bikes Triathlon Club	S	M	08:25.1	19	00:01:12.10	00:38:15.75	16	00:01:08.35	00:26:34.05	55	01:15:35.30	27	12	21
39	Darren	Hopton	Westmorland Triathletes	V	M	08:57.5	24	00:02:24.90	00:39:36.65	23	00:01:18.95	00:23:27.45	34	01:15:45.40	28	7	22
69	Tom	Findlay	Lincsqad	S	M	10:08.0	40	00:01:02.25	00:40:25.70	31	00:00:58.90	00:23:27.00	32	01:16:01.85	29	13	23
41	Mark	Elliot	Unattached	V	M	08:30.2	20	00:02:11.15	00:40:08.95	29	00:01:02.05	00:24:24.10	40	01:16:16.45	30	8	24
48	James	Metcalfe	Unattached	S	M	10:25.0	48	00:02:00.00	00:39:53.80	25	00:01:31.30	00:22:46.00	21	01:16:36.15	31	14	25
95	Peter	Galloway	Leeds Bradford tri club	V	M	09:49.8	35	00:00:41.65	00:40:59.70	34	00:00:57.85	00:25:14.80	45	01:17:43.85	32	9	26
61	Jason	Ellis	Unattached	S	M	10:29.0	50	00:01:18.40	00:40:41.25	32	00:01:15.30	00:24:23.70	39	01:18:07.65	33	15	27
77	Ian	Ainsworth	Unattached	V	M	09:12.7	27	00:01:48.00	00:40:13.05	30	00:01:04.20	00:26:25.25	54	01:18:43.20	34	10	28
55	Nick	Keen	Unattached	S	M	10:46.9	54	00:01:13.00	00:43:09.10	48	00:01:03.55	00:22:56.05	23	01:19:08.60	35	16	29
56	Kev	Mcguinness	COLT	V	M	13:43.1	75	00:02:05.55	00:39:35.35	22	00:01:00.10	00:23:09.40	27	01:19:33.55	36	11	30
92	David	Ogden	Unattached	V	M	10:01.1	37	00:01:29.60	00:39:29.05	21	00:00:54.50	00:28:05.70	60	01:19:59.90	37	12	31
65	Steve	Yarnold	Cheltenham Triathlon Club	V	M	10:26.4	49	00:01:18.45	00:43:34.10	51	00:01:10.65	00:24:01.25	37	01:20:30.85	38	13	32
52	Chris	Lawson	COLT	S	M	12:40.3	69	00:02:58.40	00:41:43.90	39	00:01:10.50	00:22:33.35	19	01:21:06.50	39	17	33
67	Joe	Husband	Unattached	S	M	10:56.0	57	00:01:48.45	00:41:28.65	38	00:01:22.05	00:25:32.75	48	01:21:07.90	40	18	34

Kendal Sprint Triathlon 2010

25th April 2010

Position																	
Bib	First Name	Last Name	Club	Cat	Sex	Swim	Swim Pos	T1	Cycle	Bike Pos	T2	Run	Run Pos	Finish	Overall	Cat	Sex
71	Bill	Hitchcock	Unattached	V	M	09:43.4	31	00:00:53.60	00:41:45.45	40	00:00:47.65	00:28:11.60	62	01:21:21.65	41	14	35
50	Ian	Mckenna	Unattached	S	M	10:19.1	45	00:01:50.85	00:43:23.65	49	00:01:16.90	00:24:37.75	42	01:21:28.25	42	19	36
38	Mark	Gillard	Unattached	R	M	08:07.6	13	00:00:34.05	00:49:11.15	71	00:00:30.80	00:23:06.85	26	01:21:30.40	43	1	37
28	Tom	Paget	Unattached	S	M	11:51.8	66	00:03:02.60	00:41:57.80	41	00:01:12.80	00:23:37.15	35	01:21:42.20	44	20	38
34	Luke	Bywaters	Unattached	S	M	11:12.1	60	00:02:52.10	00:42:44.95	44	00:02:01.30	00:23:17.35	31	01:22:07.75	45	21	39
35	Ali	Combes	Unattached	S	M	10:59.6	59	00:03:12.15	00:42:45.35	45	00:02:02.80	00:23:16.65	30	01:22:16.50	46	22	40
43	Stuart	O'connor	Unattached	V	M	08:33.0	21	00:04:00.45	00:44:40.45	55	00:00:55.40	00:24:58.05	43	01:23:07.35	47	15	41
54	Steve	Hawes	Unattached	S	M	11:16.5	61	00:01:37.05	00:44:13.50	53	00:01:02.25	00:25:18.00	46	01:23:27.30	48	23	42
53	Graeme	Flitcroft	Unattached	S	M	10:21.8	46	00:02:28.15	00:44:30.60	54	00:01:18.45	00:25:09.65	44	01:23:48.60	49	24	43
36	James	Dean	Unattached	S	M	10:58.2	58	00:03:08.25	00:44:51.75	57	00:00:46.20	00:24:07.65	38	01:23:52.05	50	25	44
12	Teresa	Douglas	Arragons Cumbrian Tri Club	FV	F	10:37.8	52	00:01:16.70	00:46:24.65	62	00:00:34.85	00:25:35.60	50	01:24:29.55	51	2	7
5	Sally	Gregg	Unattached	FV	F	09:22.2	28	00:01:37.05	00:45:27.45	60	00:00:34.80	00:27:28.10	57	01:24:29.55	52	3	8
57	Matt	Savidge	Unattached	S	M	11:27.4	64	00:02:42.05	00:43:26.05	50	00:01:28.40	00:26:11.25	53	01:25:15.15	53	26	45
32	William	Odell	Unattached	S	M	10:14.9	41	00:03:01.50	00:42:56.50	46	00:01:24.00	00:28:33.80	67	01:26:10.70	54	27	46
18	Vicky	Higgins	Arragons Cumbrian Tri Club	FS	F	09:12.4	26	00:01:33.60	00:47:15.10	66	00:00:58.45	00:27:12.90	56	01:26:12.40	55	5	9
42	Brian	Lynch	Unattached	V	M	11:18.9	62	00:02:40.15	00:45:41.85	61	00:00:40.75	00:26:00.15	52	01:26:21.80	56	16	47
27	Dave	Chapman	Unattached	S	M	13:14.9	72	00:03:04.20	00:44:48.55	56	00:00:53.50	00:24:26.65	41	01:26:27.80	57	28	48
26	Stephen	Thompson	Unattached	S	M	15:52.3	80	00:03:05.75	00:35:14.85	7	00:00:54.60	00:31:20.85	73	01:26:28.40	58	29	49
10	Katherine	Poole	Unattached	FV	F	11:26.3	63	00:01:35.30	00:43:48.20	52	00:01:16.75	00:28:25.25	66	01:26:31.80	59	4	10
49	Allan	Pugh	SYtri	S	M	11:37.1	65	00:01:30.80	00:41:16.25	36	00:00:48.40	00:31:32.50	74	01:26:45.00	60	30	50
31	Paul	Charnley	Unattached	S	M	12:47.8	70	00:03:25.70	00:42:26.15	42	00:01:33.20	00:27:33.30	58	01:27:46.15	61	31	51
29	Craig	Hall	Unattached	S	M	13:51.7	76	00:02:08.00	00:42:59.40	47	00:00:36.10	00:28:13.00	63	01:27:48.25	62	32	52
9	Sarah	Morley	Unattached	FS	F	12:05.8	67	00:02:25.25	00:47:18.60	67	00:01:13.45	00:25:18.90	47	01:28:21.95	63	6	11
13	Susan	Kenworthy	Unattached	FS	F	09:46.4	33	00:01:58.80	00:48:07.95	70	00:00:40.15	00:28:20.30	65	01:28:53.60	64	7	12
11	Jane	Senior	Unattached	FV	F	10:30.5	51	00:02:41.20	00:45:23.60	59	00:01:26.60	00:29:11.10	70	01:29:12.95	65	5	13
93	Derek	Johnstone	CarlisleTri Club	V	M	12:55.7	71	00:02:41.35	00:44:56.70	58	00:01:27.55	00:28:05.05	59	01:30:06.30	66	17	53
17	Helen	Taylor	Arragons Cumbrian Tri Club	FS	F	10:23.4	47	00:01:32.60	00:46:43.50	64	00:00:33.30	00:31:34.30	75	01:30:47.05	67	8	14
2	Kate	Linsley	Unattached	FS	F	15:27.0	78	< inc. T1	00:46:25.95	63	00:00:54.40	00:28:18.86	64	01:31:06.20	68	9	15
60	Ben	Clementson	Arragons Cumbrian Tri Club	S	M	10:54.3	55	00:02:44.45	00:47:24.25	68	00:00:32.30	00:30:12.95	71	01:31:48.20	69	33	54
1	Tracy	Antonsen	Unattached	FV	F	10:18.4	43	00:02:30.00	00:50:40.55	74	00:00:45.30	00:28:10.40	61	01:32:24.65	70	6	16
3	Mary	French	Unattached	FS	F	10:15.9	42	00:01:18.40	00:51:18.15	76	00:00:33.05	00:29:04.00	68	01:32:29.55	71	10	17
45	David	Sandford	Unattached	V	M	13:32.0	74	00:02:37.90	00:51:03.85	75	00:00:31.70	00:25:34.25	49	01:33:19.70	72	18	55
21	Bianca	Dyer	Unattached	FS	F	09:27.8	29	00:02:19.25	00:51:42.65	77	00:00:44.30	00:30:14.30	72	01:34:28.30	73	11	18
51	Chris	Moore	Unattached	V	M	10:18.9	44	00:02:47.25	00:47:39.30	69	00:01:33.80	00:32:21.55	77	01:34:40.80	74	19	56
7	Cath	Gallimore	Unattached	FV	F	14:32.9	77	00:02:19.60	00:46:47.40	65	00:01:01.30	00:32:30.30	78	01:37:11.55	75	7	19
37	Robin	Ferguson	Unattached	S	M	15:28.1	79	00:02:37.55	00:50:30.85	73	00:00:34.80	00:29:08.85	69	01:38:20.15	76	34	57
6	Lisa	Stilling	Unattached	FV	F	13:28.8	73	00:02:33.00	00:49:55.35	72	00:02:01.85	00:37:35.70	79	01:45:34.75	77	8	20
59	John	Welch	Unattached	S	M	10:55.4	56	00:02:06.05	01:10:38.60	78	00:00:31.95	00:25:55.85	51	01:50:07.80	78	35	58
47	Robert	Martindale	Dalam Club	S	M	12:27.7	68	00:05:26.95	01:11:44.40	79	00:01:31.85	00:32:10.10	76	02:03:21.00	79	36	59
94	Tristan	Handley	Unattached	S	M	08:05.6	11	00:00:52.50	"Punctured"DNF								